

THE SPEECH BUBBLE

The Speak, Learn and Grow Newsletter



**How to
Improve your
child's Speech
from home**

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WELCOME TO 2022

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Speak, Learn and Grow Speech Pathology Services started off as Catherine Rubbi Speech Pathology Services in 1985, and have been operating in Caringbah ever since.

Our beautiful clinic rooms are spacious and easily accessible. We are situated in the heart of Caringbah and are well stocked with a large variety of resources and equipment. Our full time reception staff is always available to take calls, arrange appointments and answer your questions.

We offer a range of services including assessments, reviews, treatment sessions and programming. These services will be tailored to your individual needs.

MEET OUR NEW TEAM MEMBERS



Nicole

Nicole is a speech pathologist with a passion for guiding others to reach their full potential. She has a Bachelor of Speech Pathology from the Australian Catholic University as well as a Bachelor in Exercise and Sport Science. She incorporates elements from both her degrees into her therapy sessions by creating fun and playful active sessions. Nicole loves watching people improve and encouraging confidence in others. She decided to become a speech pathologist after volunteering at a rehab centre and working along side speech pathologists there.

Outside of work, Nicole loves to be active, she was on the Australian rowing team! She enjoys going to the gym, long runs and fostering animals including rabbits and Labradors. Her favourite foods are mangos and chocolate.

Nicole sees clients from Monday to Thursday.

Fatima

Fatima is a speech pathologist who loves seeing progress and growth come out of speech therapy. Fatima has a Bachelor of Medical Science at University of New South Wales and then studied a Master of Speech Pathology at the University of Technology Sydney . She loves making deeper relationships with her clients, fostering a supportive and safe space, and building that trust in order to gain the best results possible. She always had a passion for helping others in a caring environment so she decided to become a speech pathologist. She is so excited about starting her career in speech pathology.

Outside of work, Fatima loves to spend time with her family, spending time at the beach and cooking. Her favourite colour is sky blue.

Fatima sees clients Monday, Wednesday and Friday.



Ciara

Ciara is our new speech therapist assistant who is currently studying a Bachelor of Speech Pathology at the Australian Catholic University. Her choice to become a speech pathologist was inspired by the work experience she participated in during high school at Speak, Learn and Grow and now she has returned to be part of the team. She fell in love with the type of relationships the therapist made with their clients and how these relationships resulted in positive impacts and fostered confidence.

Outside of work Ciara loves to go to the beach, water ski and go camping with her friends and family. Her favourite foods are "anything I shouldn't eat" and she loves to drink caramel thick shakes.

Ciara will be assisting therapists during selected sessions



TEAM BUILDING DAY!

The team here at Speak, Learn and Grow are committed to building deeper connections with each other and creating a positive, fun work environment. Our team building day was a chance to reflect on our clinic values, work on teamwork and communication skills as well as build friendships. We played a variety of fun team building games and also had a lovely afternoon tea with a gorgeous view of Gunnamatta Bay.

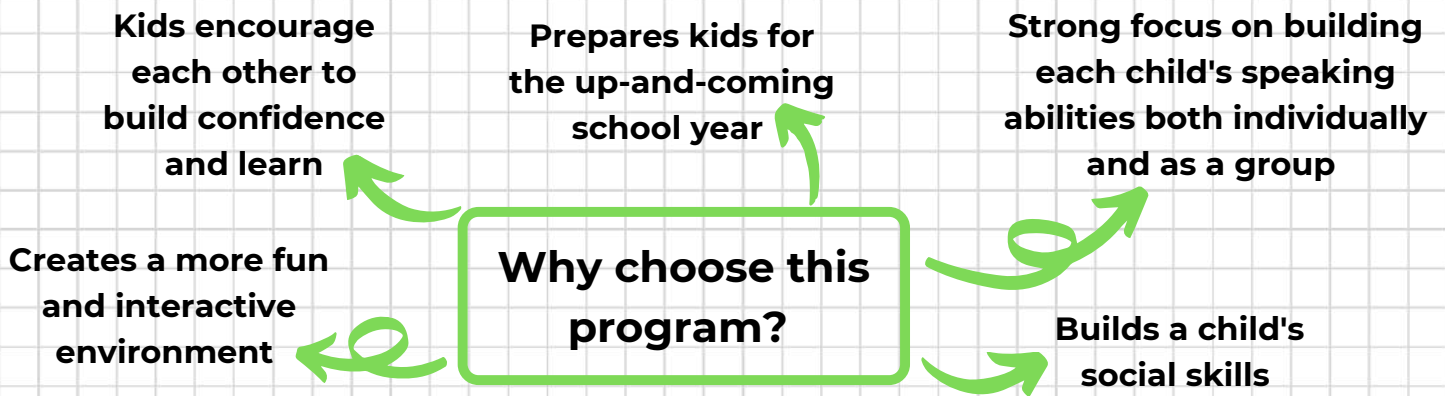


"Coming together is a beginning, staying together is progress, and working together is success."

Henry Ford



SCHOOL HOLIDAY INTENSIVES



According to our therapists, the program has been going extremely well so far. The Kids are opening up and developing their speech skills as well as their confidence and communication.

What's happening during the COVID-19 crisis?

During the current situation we have introduced teletherapy. Teletherapy is simply therapy using telecommunications (phones, computers, iPads). It mostly involves the online delivery of speech therapy services via high-resolution, live video conferencing, but it can also include phone calls. During therapy sessions, the student and therapist can see, hear, and interact with one another in real time, using a live, synchronous online learning environment

Is Teletherapy safe?

Our therapists are ethically bound by privacy laws to not share details about their teletherapy sessions with third parties, just as with face-to-face sessions. The therapists ensure that they are in a private and secure room before engaging in any teletherapy sessions. The sessions are never recorded or shared unless with explicit agreement from you.



HOW TO IMPROVE YOUR CHILD'S SPEECH FROM HOME



1

Speak clearly and correctly

Children self correct their speech according to how they hear others speak around them

2

Incorporate troublesome words into conversation

This is so they get used to both pronouncing and hearing these words in day-to-day conversation

3

Teach them songs and nursery rhymes

Being able to link different sounds and words together in a fun environment encourages good speech

4

Ask more questions with multiple answers

By doing this, you have the power to target specific sounds that your child is struggling with

CONNECT WITH US

The team at Speak, Learn and Grow want to stay connected with all members of our community. Please follow us on any of the socials below...



Speak, Learn and Grow
Speech Pathology Services



@SpeakLearnGrow



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Speech Pathology Services

HOW TO CONTACT US ABOUT FEEDBACK/ COMPLAINTS

Approach
our friendly
reception
staff

Drop feedback into
the 'Feedback
Dropbox' at the
reception desk


email us
directly

Speak to the therapist
directly, in person
or via email

Fill in a 'Feedback and
Complaints form' found
at the reception desk.
This is for both NDIS
and clients

COLOUR BY NUMBER ACTIVITY!

Use the key to colour in the pictures!
make sure you say the colours and
numbers as you go!

KEY:	
1- LIGHT BLUE	
2- ORANGE	
3- DARK BLUE	
4- YELLOW	

